



## **Day 1**

<b><u>LAB Exercise VI</u></b>	<b><u>First Metatarsal Osteotomies: Screw and Plate Fixation</u></b>	
1:25 – 2:00 pm	Dorsiflexory Wedge Osteotomy 3.5 mm lag screw & medial plate	(5 minute lecture)
<b>2:00 – 2:15 pm</b>	<b>Break</b>	
<b><u>LAB Exercise VII</u></b>	<b><u>Midfoot Arthrodesis</u></b>	
2:15 – 2:50 pm	Lapidus - 2 Cross 3.5mm cortical screws & 1 <sup>st</sup> metatarsal to 2 <sup>nd</sup> metatarsal or medial cuneiform screw	(10 min lecture)
2:50 – 3:20 pm	Lisfranc Disruption/Acute and Neglected - 1st, 2nd, and 3rd tarsal metatarsal joint arthrodesis	(10 min Lecture)
3:20 – 3:50 pm	Navicular-Cuneiform Joint Arthrodesis -3 screws	(10 min lecture)
<b><u>LAB Exercise VIII</u></b>	<b><u>Rearfoot Arthrodesis</u></b>	
3:50 – 4:30 pm	Triple Arthrodesis	(15 min lecture)
<b><u>LAB Exercise IX</u></b>	<b><u>Ankle / TTC Fusion</u></b>	
4:30 – 5:10 pm	Supramalleolar Osteotomies	(10 min lecture)
5:10 – 5:50 pm	Ankle Joint Arthrodesis	(10 min lecture)
5:50 – 6:25 pm	Tibia-Talar-Calcaneal Joint Arthrodesis	
6:25 – 6:35 pm	Open Panel Discussion of Today's Material	

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***9.5 Continuing Education Contact Hours***



**Day 2**

**7:30 – 8:00 am                      Check-in/Breakfast**

**LECTURE**

**Moderator:**

8:00 – 8:15 am	Metatarsal Fractures/Jones Fracture
8:15 – 8:30 am	Midfoot Fractures
8:30 – 8:45 am	Talar Fractures
8:45 – 9:05 pm	Principles and Techniques of External Fixation

**LAB Exercise X**

**External Fixation**

9:05 – 9:25 am	Small Delta Frame - 1 <sup>st</sup> Metatarsal	(5 min lecture)
9:25 – 9:45 am	Large Delta Frame - Pilon Fracture	(5 min lecture)

**9:45 – 10:00 am Break**

**LECTURE**

**Moderator:**

10:00 – 10:25 am	Modified Lauge Hansen / Weber Classification
10:25 – 10:45 am	Malleolar Fractures/Osseous Repair Techniques
10:45 – 11:05 am	Syndesmosis- <i>evaluation &amp; treatment of Acute/Chronic Injury</i>
11:05 – 11:25 am	Diabetic and Osteopenic Ankle Fractures/Comminuted Fibula
11:25 – 11:45 am	Open Panel Discussio

**11:45 – 12:30 pm**

**Lunch**

**LAB Exercise X**

**Malleolar Fractures**

12:30 – 12:50 pm	Weber A	(5 minute lecture)
12:50 – 12:35 pm	Weber B	(5 minute lecture)
12:35 – 1:00 pm	Weber C	(5 minute lecture)
1:00 – 1:25 pm	Fibular Lengthening / Plate Distraction Device	(5 minute lecture)

**LECTURE**

**Moderator:**

1:25 – 1:55 pm	Management of Nonunion
1:55 – 2:20 pm	Tibial Osteotomies
2:20 – 3:05 pm	Open Panel Discussion on Ankle Fracture Management

**3:05 – 3:20 pm**

**Break**

**LAB Exercise XI**

**Complex Fractures**

3:20 – 4:00 pm	Calcaneal Fracture	(15 minute lecture)
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4:00 – 4:40 pm	Pilon Fracture	(15 minute lecture)
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4:40 – 5:00 pm	Open Panel Discussion of Today's Material
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**5:00 pm**

**Adjourn**

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**7.75 Continuing Education Contact Hours**